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| <b>Guideline Title</b>       | <b><u>Sexual and Reproductive Health Services and Education</u></b>         |
| <b>Effective date</b>        | 03-04-2025                                                                  |
| <b>Next scheduled review</b> | Three years after the effective date, or earlier if applicable rules change |

Tantia University recognises the importance of sexual and reproductive healthcare services and is committed to promote awareness through accessible information, education, and support services for students, staff, patients, and local communities. These initiatives encourage informed decision-making, responsible health practices, and overall health and well-being. This commitment supports the Sustainable Development Goals (SDGs).

### Clinical services

| Service                                                                                                                                                                                                                         | Lead department                                                  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|
| Antenatal, delivery and postnatal care; family planning counselling and methods; safe abortion under the Medical Termination of Pregnancy Act; infertility, menstrual and menopausal care; cervical and breast cancer screening | Obstetrics and Gynaecology                                       |
| Counselling, testing, treatment or referral for sexually transmitted infections, reproductive tract infections and HIV (human immunodeficiency virus)                                                                           | Medicine and Community Medicine, with Obstetrics and Gynaecology |
| Depression during pregnancy and after childbirth, sexual-health concerns, trauma and abuse-related distress, substance use                                                                                                      | Psychiatry outpatient department and the De-Addiction Centre     |
| Menstrual and menopausal complaints, wellness counselling                                                                                                                                                                       | Ayurveda and Homoeopathy outpatient departments                  |
| Adolescent-friendly clinic with fixed weekly hours                                                                                                                                                                              | Obstetrics and Gynaecology and Pediatrics                        |

### Information and Education

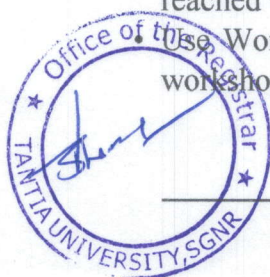
#### Students and staff

- Include sexual and reproductive health in induction: consent, menstrual health, contraception, infections, healthy relationships, cyber safety and substance use.
- Train peer educators through the Women Cell, the National Service Scheme and the National Cadet Corps.
- Hold yearly sessions with the Internal Complaints Committee and the Anti-Ragging Committee on harassment and how to report it.

#### Community

- Add a reproductive health desk to existing health camps, Family Adoption Programme visits, Kisan Mela stalls and farmer-wellness events, so rural men and women are reached where they already gather.
- Organise Women's Awareness Week, National Girl Child Day and the menopausal health workshop for talks on antenatal care, anaemia, hygiene and cancer screening.

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- Add talks to skill-training groups, such as the Gujjar Bakarwal women's training, and to Anganwadi and school visits, with parent or school consent for adolescents.
- Prepare materials in Hindi, Punjabi and local dialects, with pictures for audiences who read little.

### **Safeguarding**

- Keep adolescent care confidential within the law; report child sexual abuse as the Protection of Children from Sexual Offences Act requires.
- No prenatal sex determination, as the Pre-Conception and Pre-Natal Diagnostic Techniques Act requires; abortion only as the Medical Termination of Pregnancy Act permits.
- Send sexual harassment complaints to the Internal Complaints Committee under the Sexual Harassment of Women at Workplace Act.
- Give survivors of violence medical care, counselling, and referral to the Legal Aid Clinic and the police, at the survivor's choice.
- Take no photographs of patients or camp attendees without written consent, and keep these records separate and locked.

### **Governance and training**

- Form a Reproductive Health Coordination Committee chaired by the Head of Obstetrics and Gynaecology, with members from Psychiatry, Community Medicine, Nursing, Law, the Internal Complaints Committee, the Women Cell, the National Service Scheme and the Internal Quality Assurance Cell.
- Train all clinical and counselling staff and volunteers yearly on consent, confidentiality, adolescent care and referral.
- Name one reproductive health focal person in each college.

### **Monitoring**

Record monthly: sessions held, participants by gender and age group, antenatal registrations, family-planning counselling, referrals for infections and mental health, and feedback scores. Report yearly to the Internal Quality Assurance Cell, link results to Sustainable Development Goals, and review these guidelines every three years.

  
**Registrar**  
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**TANTIA UNIVERSITY**  
 Sri Ganganagar (Rajasthan)